

Student Reflection Log

Fixed Mindset
I have a fixed mindset about:
How I feel when I'm engaged in this:
What I say to myself when I'm engaged in this:
How and why I developed this mindset:
Things I can do to change this mindset:
Growth Mindset
I have a growth mindset about:
How I feel when I'm engaged in this:
What I say to myself when I'm engaged in this:
How and why I developed this mindset:
Things I can do to support this mindset: