

Chapter 4: Comprehension Questions

1. How is focused practice different from the common conception of practice?
2. What are the benefits of focusing on specific steps of a strategy or developing a protocol for a strategy?
3. What is overlearning, and what role does it play in the development of fluency?
4. What are the similarities and differences between focused practice at the Applying (3) level and focused practice at the Innovating (4) level?