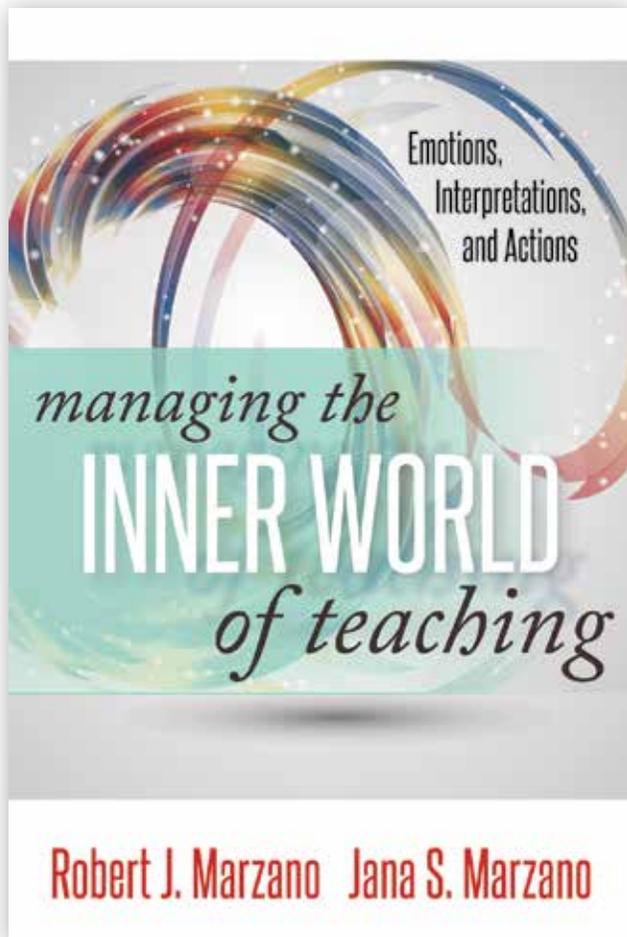




Cultivate a positive mindset in the classroom



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Cultivate a positive mindset, and choose productive actions by examining your emotions and interpretations in the classroom. By investigating three management phases—awareness, analysis, and choice—teachers can become mindful of factors that influence their interactions with students and learn a process for ensuring positive outcomes. You'll gain concrete strategies and activities that enhance classroom practice and impact student learning.

Benefits

- Develop a deep understanding of the human mind.
- Self-assess your mental state in regard to career, family, and friends.
- Understand how to use the three-phase management process every day to ensure success.
- Identify and stay true to your moral purpose and ideals to cultivate personal and professional satisfaction.
- Gain strategies and activities to enhance the lives of students, and learn to honor each student's self-system.

“The hardest thing about teaching is not managing your students; it's managing yourself. If you ever become angry, afraid, or frustrated—and what teacher doesn't—Marzano and Marzano's book is the one for you.”

—Andy Hargreaves, Thomas More Brennan chair,
Lynch School of Education, Boston College

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Managing the Inner World of Teaching Workshop

Expand your ability to maintain a positive mindset in the classroom by cultivating a deeper awareness of your emotions, interpretations, and responses as a teacher. In this workshop, Robert J. Marzano and Jana S. Marzano combine their backgrounds in educational research and psychotherapy to present a comprehensive model of how the human mind operates. The heart of that model involves three dynamic processes: (1) our emotional responses, (2) our interpretations, and (3) our actions. Each of those processes affects the moment-by-moment decisions that teachers make in the classroom.

Learning Outcomes

- Gain an awareness of emotional responses and how they affect interpretations and reactions.
- Understand the power of negative emotions and how to mitigate their effects.
- Discover a three-phase management process designed to promote awareness, analysis, and choice.
- Engage in retrospective and real-time practice exercises for managing the inner world.
- Learn to manage volatile situations in the classroom.
- Explore mental strategies that encourage mindfulness and patterns of positive thinking.
- Reconnect with motivating ideals and inspirations, and learn how to assist students in realizing their own sources of inspiration.
- Discover how to cultivate students' understanding of their personal values, goals, and the power of a positive mindset.



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